



感受中華文化

2月11日,在麗華酒家,早上9:30, Kitty Lee的姪女就在門口等位,他們一家4口人是從哥倫布開車到克利夫蘭來過中國新年,Kitty也邀請我和兒子和未婚妻一家人,大家在美食舞獅喜氣洋洋中過新年,也讓我兒子未婚妻一家人第一次觀看中國傳統舞獅,今年是我第一次與兒子另一半家人一起過節。

席間 Kitty 姪女 Wendy 介紹我認識我的朋友, Sarah Bollinger 並且非常感動地說, Sarah 還特地帶了兩件旗袍,想穿給我們看,並且她的朋友非常感動她們一家人參加這個激動人心的慶祝活動。

今年春節克利夫蘭特別熱鬧,各個社團組織表演拿手節目,克利夫蘭剛成立不久的鳳凰俱樂部,她們的廣場舞還有“男生”領舞,歡快聲震耳,還有其它文藝演出,深受觀眾們的喜愛,在觀眾席里 70%都是藍眼睛的朋友,他們喜愛中華文化。

今年是龍年,因為龍在中國文化中象徵着吉祥和權威,所以春節特別喜慶。克利夫蘭商場挂燈籠,舞獅放鞭炮,

以驅逐邪氣,迎接新的一年的到來。
Thank you so much for welcoming our family for this exciting celebration! Here is what I came up with about our experience:
As a homeschooling family of seven who deeply values learning about other cultural experiences, it was such a joy for us to be invited to join in this year's Chinese New Year celebration by our dear friends, the Poling family. Our five children, ranging in age from 4 to 13, eagerly tried new foods around the family-style table (chicken feet was among their favorites), and watched as trays of delicious dishes and desserts made their way around the busy restaurant. The lion dance and drum routine were so well done, and we were all amazed at how the agile dancers made time to stop for all the kids and families through the huge crowds! Toward the end of the event, both our daughters wore their treasured Qi Pao, gifted by their Auntie Wendy, and they were so humbled to be welcome in celebrating such a beautiful culture. We are thankful for the opportunity to take part, and wish everyone in Cleveland a wonderful New Year!

Jake and Sarah Bollinger
Eli (13), Eden (11), Abrielle (10),
Micah (8), and Shai (4)



在美國改造自己 浦瑛開講

人生最高境界 為人民服務



Chen Shing Yu 邀請我去的,她已經在這里做了10年義工,當日我感受到人的最高境界就是為人民服務。
當日做完義工讓我感受到在中國新年的第一天就以幫助他人為樂,展現了對社會的關心和愛心,去幫助那些需要幫助的人,給他們提供了食物,讓我們度過一個溫暖的新年,這種善舉不僅給予了他人希望和幫助,同時也讓我們自己感到喜悅和滿足。



伊利華報

在迷茫和自我鬥爭中,我還是決定堅持再繼續做伊利華報,我明白這是我成長最好的舞臺,可是財政收入一直負數,就像你在學校讀書,財政一課一直停留在原地,現在更難,就像我自己認識,這是我的社會大學,22年,我看到我自己的成長歷程,我在矛盾中尋找平衡的出路,我感謝所有支持伊利華報的集體和個人,還有伊利華報的全體同仁無怨無悔繼續前行,還要感謝企業個人的愛心讓我更加堅定信心,我還會堅持。

2月10日正月初一,上午9:00在 Elizabeth Baptist Church 發放 food pantry, 天下着細雨,排着長長的一條龍的車,在等待着義工給食物,這是伊利華報去年9月參加龍舟比賽認識的新朋友



匹茲堡華人2024新年廟會

匹茲堡有一個迷人的華人社區,他們積極向上,2月3日在主流的匹茲堡卡內基博物館里
由匹茲堡旅美華人科技協會與博物館合作舉辦了華人2024年新年“廟會”。政府部門的領導從頭到尾觀摩,有80%藍眼睛的觀眾擠滿大廳。美國匹茲堡卡內基博物館(Carnegie Museum of Art)該博物館於1895年由鋼鐵大亨安德魯·卡內基創立,是美國第一批現代藝術博物館。
卡內基博物館收藏了來自世界各地的超過30000件藝術作品,包括繪畫、雕塑、攝影和裝飾藝術品等。其中的作品涵蓋了從古代到現代的不同時期和風格。博物館的收藏重點包括歐洲繪畫和雕塑、美國藝術、非洲藝術和亞洲藝術等。博物館還設有教育和研究項目,致力於推廣藝術教育和文化交流。

匹茲堡名人 KK 早上九點就開始忙碌起來。在正式開始的“廟會”的十一點之前,高准漂亮的“雕塑大廳”就人頭攢動。
KK 帶著幾位朋友負責寫對聯,剛佈置好展台,就有人來開始求字。一直到下午五點,六個小時之內,兩人兩支毛筆幾乎沒有停下來過。

來參加活動的朋友求寫對聯,求福字,求中文名字,求扇面等的絡繹不絕,一時還排起隊來。求字的差不多半,洋人各半,大家拿到書寫好的或對聯,或福字,用英文名改好的中文名,或扇面,都歡天喜地,尤其是洋人,他們更感到新奇而開心。讓大家試一試中華民族傳統文化的一個特色。

我2年前介紹中國著名的京劇演員宋保羅的女兒宋飛鴻特地從費城駕車5小時到匹茲堡,這次她們是三代同堂一起來匹茲堡,到了匹茲堡連續2天演出,第二天廟會觀眾看了不過癮,還再加一場,這次讓我親眼目睹了她外孫的天才,在美國出生成長一口中文還能背誦詩歌,唱京劇,這家人就是一個傳承、傳播“中華文化”的樣板,她們的作品是可以放進教科書里。



女兒的眼里,母親很會玩,猜謎語,做手工,搭帳篷,改歌詞,樣樣會又敬業。她把歌詞改得很搞笑,她的行為言語經常讓我笑得趴在地上起不來,肚子都笑痛了,差點笑死。母親有杭州人的獨立和細膩,實話總憋不住要說的,也很善良,跟我的外公一樣。善待老人孩子小動物,鼓勵忘年之交,總想着別人不容易,到哪里都愛國愛民,重視對下一代下二代的教育。

在中國是這樣,來美國也是這樣。我母親最近在我兒子一起表演一段戲,叫《乳娘授槍》。講的是靖康之恥的故事。也可以說是一個杭州婦女的故事。北宋被滅了,南遷避安、金兵攻破潞安州殺了節度使陸登,帶走了他的兒子陸文龍。陪隨的乳娘教孩子雙花槍術,人倫道德,及報國恨家仇。

我兒子演陸文龍。其實我從未聽說過任何別的地方把這麼悲壯的情節讓給奶媽,對京劇見識太少,也肚子都笑痛了,差點笑死。母親有杭州人的獨立和細膩,實話總憋不住要說的,也很善良,跟我的外公一樣。善待老人孩子小動物,鼓勵忘年之交,總想着別人不容易,到哪里都愛國愛民,重視對下一代下二代的教育。

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春節期間我去看望非裔朋友 L. Carlisle Woods 夫婦,幾個月前 Dr.Woods 出了一場嚴重的車禍……幾個月後 Dr.Wood 出現在我面前是一個更健康更年輕的人,他們都過了70歲,可是看上去就像五六十歲的人精神。
今年一月 Dr.Woods 夫婦去加納兩周,在那里 Dr.Wood 被任命為酋長(Ohene),而她太太則獲得了王太后(Ohema)的頭銜,他們對我說,他們發現那里存在與美國類似的問題,其中兩國都以英國為基礎建立了自己的教育體系,而英國最著名的教育家之一曾嚴厲批評過英國的教育體系。
世界著名的英國教育家肯尼思·羅伯遜 (Kenneth Robertson) 因癌症於2020年8月21日去世,他提倡創造力和更加多樣化和個性化的課程,他表示:“我們的教育體系已經開採-就像我們為某種特定商品開採地球一樣,對於未來它不會為我們服務。”

Dr. Woods 告訴我並且讓我看到最近一篇驚到了我眼球的文庫:世界快死了,卻沒人注意到。文章提到:即使誰都沒有注意到,那百分之一多藏必厚亡的巨富人類精焉能不知? 就像疫情到現在都不知道是怎么發生的一樣,給人們帶來恐懼,接着這個世界還會做什么?
據說:以色列史學家赫拉利,瑞士物理學家馬約爾先後指出,這個世界上的有些精英們他們也許真不會死亡,他們自稱2024年將要有100萬人從地球出發遷居火星,他們身體壞了可以化為硅基,不但得以永生,還能出人諸維,遨游宇宙,勝似金丹換骨,用不着為其他人的命運擔憂。
聽聽都可怕,自從幾百萬年前人類從非洲猿類中分化出來,開始走上不同的演化道路至今,仍有百分之九十九的DNA和猩猩相同。《全方位

的無限》作者,理論物理學、生物物理學家戴森,和生物化學家哈金斯,把核冬天的陰影和其他非自然力導致的滅絕災變可能,歸因於這個“人的獸性”,即“自私基因”,言之成理。加上那百分之一向往真善美的“非自私基因”,應了一句古老的格言:“獸性加神性等於人性。”人類文明,是百分之一神性的產物。宗教文明把獸性看作人的原罪孽障,力求通過信仰與自律,尋求救贖與超越。但是擋不住拜物教橫行,擋不住有錢能復鬼推磨……
世俗文明致力於人類獸性的約束:訂立憲法,定義政府,制衡權力。但是治不了權錢交易,治不了竊鈎者誅竊國者侯……兩種文明互補,本來是人類進步的雙翼。
疫情以及怪病殺遍全球,讓人民感受到懸崖在前,冰凍三尺,非一日之寒,我再次深深感到,渺小個人在巨大命運面前無能為力,願新的龍年開始,危機早些過去,孩子們的將來,能有一份祥和。就像 Dr.wood 說的“不讓一個孩子掉隊”,我認識他們夫婦已經很多年了,他們一生從事教育。

Ghana/USA:
Educational Direction/Process
By-Dr. L. Carlisle Woods RN MD MetD1
CEO of P.R.U.F.
After my wife and I recently returned from our two week stay in Ghana, where I was made Chief, (Ohene), and she adorned with the Queen Mother's, (Ohema), title, we noticed similar problems there as in the USA, where both nations had modeled their education system from the British example that has been soundly criticized by one of its best known educators, Sir. Kenneth Robinson. Sir. Kenneth Robertson, world



renowned British educationalist, who died 8/21/20 from cancer, promoted creativity and more diverse and individualized curricula stated, “Our educational system has mined or minds - in the way we strip mine the earth for a particular commodity, and for the future it won't serve us. We must rethink the fundamental principles on which we're educating our children”: Sir Kenneth Robinson's 2006 Ted Talk, “Do schools kill creativity?”, remains the organization's most popular presentation, (had almost 75 million views April 17th, 2023). ‘Education is not the learning of facts, but the training of the mind to think.’ Albert Einstein.
Imagination, as the author of creativity, is one of the main functions of the spirit according to the Trivalent Understanding Noetics, (T.U.N.), and it is soundly discouraged in all our training, (educational), institutions,

“Stop that daydreaming child and put your mind here on the class”, a statement and a sentiment felt throughout our system of training called “No Child Left Behind. But this system was created not to teach children how to use their Spirits, Minds, and Bodies - but to instead train them in the English, Math, and social conventions desired by large corporations in their employees. George W. Bush - would when asked about the standards of our Educational System stated, “The standards of our system are the abilities desired by most employers in their employees.” So, we are training a bunch of workers for Ford, KFC, and Walmart- not teaching children how to tap the potential in each human being. Our system limits our children, and our future. We need a system based on the individual's ability to direct their Spirit to engage their Minds and the Understanding of their Knowing of their being, (see definition and demonstration of the difference between knowing and understanding and why it's important). How and why to direct their minds into enabling paths, not only elevates the person it directs both the individual and the culture- forward.
Understanding how to coordinate the best functioning of your Trivalency is basic to the best of humanity and should be the basis of all teaching/pedagogic pursuits. Without this understanding - you are trying to compete in a Drag Race without understanding how a clutch and stick operate in coordination with the gas and brake pedal, (“I raced at Alton drag back in the day.”). You can do it, but nowhere near as well as those with the best understanding and coordination of those cooperating units.
Education should always start with an Understanding be-

tween what the student “knows” and what they “understand”. Then that Understanding should be expanded and explored to answer basic questions about What, Who, Where, and When the student is, so that the Why of their being becomes clearer.
The functioning of their Spirit to direct and focus their Minds should be pointed out as they think about any question, problem, or situation. Changing or altering the images or visions of a situation profoundly changes the the circumstances and the solution.



The Trivalent operations of humanity are very well known but little understood - which should now be one of the major foci of all educational institutions and educators. To find out more about this offshoot of Noetic Science visit - Prometheus Reborn Universal Foundation, (P.R.U.F.) on Facebook; or on YouTube check out “The Mettah Channel”, (peek the spelling,) for all our podcasts and videos.
P.E.A.C.E. *(Proper Education Always Corrects Error)



新年警惕:世界快死了,卻沒人注意