

Important Information on COVID-19 Vaccines

Dear Clevelanders,

There has been a good deal of discussion about the coronavirus vaccine and I am sure you have questions. Ensuring that our community is informed about the coronavirus and the vaccine is a top priority.

This evening, I invite you to join my Tele Town Hall event at 5:30 p.m. to discuss the pandemic, coronavirus vaccine and important prevention efforts. To learn more and register for this Dec. 30 event, click here. You can also watch at www.facebook.com/cityofcleveland.

Below are some frequently asked questions and answers from experts at the Cleveland Department of Public Health (CDPH), the Centers for Disease Control and Prevention (CDC) and the Ohio Department of Health (ODH):

When will I get the vaccine?

The vaccine will be rolled out in phases. We

are following the guidance of the Centers for Disease Control & Prevention and the Ohio Department of Public Health on distribution. Last week, the City of Cleveland administered its first vaccines to first responders starting with Fire Chief Angelo Calvillo and EMS Commissioner Nicole Carlton. Click here to view video from the first vaccinations.

As we move through the phases and supply increases, COVID-19 vaccines will be available to those who choose to be vaccinated. As of now, we anticipate the vaccine being widely available to the general public a few months into 2021.

Are there any side effects?

Clinical trials show that the vaccine has some mild side effects. Click here to learn more about the approval process for the vaccine. According to the CDC, the most common side effects are fatigue, headache, soreness or redness at the

injection site and muscle or joint pain. View more about side effects here.

I've heard rumors that the vaccine is not safe. Is that true?

If you're not sure about getting the vaccine yet, that's OK. But be sure to use trusted and science-based sources for gathering information like the CDC, ODH, CDPH and your medical provider. ODH has a helpful myth vs. facts guide on its website to separate fact from fiction. Click here to check it out.

What can I do right now to protect myself from coronavirus?

As I have said continuously throughout the pandemic, there are important steps individuals can take to slow the spread: stay home and leave only when necessary, wash your hands frequently, maintain six feet of social distancing and most importantly wear a mask. In addition, we must all

limit our interactions, though I know this is especially difficult because of the holiday season; however, it is an important measure to protect ourselves and our loved ones.

Thank you and stay safe,



Frank G. Jackson, Mayor
City of Cleveland



Ohio's Vaccination Program - A Phased Approach

During Phase 1 vaccine supply will be limited.

Vaccine administration will be focused on reaching critical groups.

PHASE 1A

- Health care workers and personnel, who are routinely involved with the care of COVID-19 patients
- Residents and staff at nursing homes
- Residents and staff at assisted living facilities
- Patients and staff at state psychiatric hospitals
- People with developmental disabilities and those with mental health disorders, including substance use disorders, who live in group homes, residential facilities, or centers and staff at those locations
- Residents and staff at our Ohio veterans' homes
- EMS responders

All available vaccines will be administered to those who **choose** to receive it.

TOGETHER Ohio MIKE DEWINE GOVERNOR OF OHIO Ohio Department of Health coronavirus.ohio.gov

Ohio's Vaccination Program - A Phased Approach

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PHASE 1B

GOAL: Save Lives

- Ohioans age 65 and older
- Those living with severe congenital, developmental, or early-onset medical disorders

GOAL: In-Person School by March 1st

- Adults who work in schools

All available vaccines will be administered to those who **choose** to receive it.

TOGETHER Ohio MIKE DEWINE GOVERNOR OF OHIO Ohio Department of Health coronavirus.ohio.gov

年末觀察:海外涉華人治安事件頻發 保障安全需多策並舉

中新網北京12月30日電:年末觀察:海外涉華人治安事件頻發 保障安全需多策並舉

新冠肺炎疫情疊加百年未有之大變局,對國際秩序帶來重大而深遠的影響。在此背景下,海外華僑華人的生存環境也趨於複雜。回顧即將結束的2020年,海外涉華僑華人治安、暴力事件時有發生。面對安全威脅,僑胞們既要團結起來“抱團取暖”,更要讓住在國法律真正成為自己的“護身符”。

針對華人“仇恨犯罪”明顯上升

新冠肺炎疫情大流行導致種族主義沉渣泛

起。個別國家政客使用“中國病毒”等具有種族主義傾向的稱謂,激化了當地社會對華人群體的敵意。一些西方媒體在報道新冠病毒時,往往在版面上放上一張華人面孔,這些充斥着偏見的報道誤導了民衆,給華人群體帶來深刻的傷害。

今年以來,許多國家針對華人“仇恨犯罪”明顯上升。美國民間組織華人權益促進會8月發佈的報告指出,自2020年3月19日至8月5日,美國全國共收到2583起針對亞裔美國人的歧視事件。澳大利亞國立大學針對3000多名亞

裔進行的調查顯示,84.5%的亞裔在今年1月至10月期間,至少遭遇過一次歧視。10月底以來,法國一些社交媒體上出現攻擊華人的種族歧視言論,一些華裔老人一度晚上不敢踏出家門。

針對華人的“仇恨犯罪”不僅讓一些華人遭受人身傷害,更讓華人群體心理受創。華裔專欄作家Su-JitLin就曾在美國《赫芬頓郵報》撰文稱,“每次登陸社交媒體,我都要面對一連串引發焦慮的言論,這會帶來一種突如其來的無力感和無助感。”

近日發佈的《中國國際移民報告2020》指出,移民問題成為政黨轉移疫情所造成的社會矛盾的重要話題,“反移民”思潮在部分西方國家進一步強化。在這樣的背景之下,針對華人的種族歧視恐難在短期內平息,其破壞性影響也難在短期內消除。

住在國政治經濟形勢影響華人安全

住在國的政治、經濟形勢也與僑胞們在當地的生存處境息息相關。今年受新冠肺炎疫情影響,許多國家經濟形勢嚴峻,貧困人口上升,導致治安不靖,這為華人群體帶來很大的安全隱患。

非洲國家安哥拉今年就發生了多起針對華人的惡性事件。當地時間6月22日,該國首都羅安達維也納市一名華人遭多名劫匪持槍入室搶劫並不幸遇害。當地時間7月27日和28日,羅安達市連續發生兩起針對華人企業的盜搶案件,犯罪分子持槍作案,造成人員受傷和財產損失。

中國駐安哥拉大使館12月中旬召開安全工作視頻會議,中國駐安哥拉大使龔韜表示,安哥拉經濟因疫轉衰,社會治安環境近期有惡化趨勢。在安中資企業和人員面臨的治安風險更加複雜嚴峻。

此類針對華人的盜竊、搶劫案件往往在年終歲尾更為猖獗。當地時間11月29日,阿根廷



科連特斯省一家華人超市日前遭持槍搶劫,5000比索的現金、數部手機及其他貴重物品遭到洗劫。日前,南非開普敦市蒙塔古花園地區甚至發生了不法警察假藉搜查之名搶劫僑胞商鋪案件。

保障安全需多策並舉

漂洋過海打拼,華僑華人的生活實屬不易,疫情肆虐的2020年則更添了考驗和辛酸。人在他鄉要保障生命財產安全、維護合法權益,除了同胞之間的“報團取暖”,更要積極融入,用法律來捍衛權利。

成立於2004年的南非華人警民合作中心就是很好的一例。該中心積極與當地警政單位建立業務聯繫,熟悉警方工作程序,構築華人與警政單位互動的渠道,讓警方更多地瞭解華人社區面臨的困難,同時盡全力協助警方工作。日前,為了應對約翰內斯堡華人商城區域社會治安惡劣的狀況,南非華人警民合作中心牽頭組織了武裝保安車在該區域進行巡邏,阻止了多起針對華商的搶劫案件。在美國休斯敦,日前也成立了華人治安聯防自衛隊,專門在案件多發地點進行了防範犯罪宣傳活動,提醒同胞多加警惕。

此外,僑胞們要捨棄“息事寧人”心態,善用法律來維護自身權益。日前,法國巴黎上訴法院就一起針對亞裔婦女暴力搶劫案件作出判決,3名罪犯以“帶有種族歧視的攻擊”罪名入刑。這便是當地華社堅持通過法律維權的結果。(完)

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如果你因受COVID-19经济影响而在支付租金上有困难, 我们可能帮到你

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NEORENTHelp.ORG

如果有任何疑问
请联络亚洲民众服务协会
电话:216-881-0330
分机号码: 8819

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COUNTY OF CUYAHOGA OHIO

CITY OF CLEVELAND OHIO Mayor Frank G. Jackson

克里夫蘭傷痛診所

Dr. Wenning Zhao, Acupuncturist from China, Chiropractic Physician

中/西醫並用。輔以天然藥、營養藥、中成藥、手法、理療、調理、治療各種痛、傷痛。(但不用化學藥、不動手術,因此不會有化學藥的副作用或手術並發症。接受大多數醫療保險、車保、工保。也可為車禍、工傷者出具有關所賠必要的診療報告。可以為您找當地好的律師。

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