

讓我們慢慢變老

活出我們的精彩



姚海姣女士詩歌

憶老伴

老伴老伴好可惜
不到八十命歸西
什麼不想去休息
丟下世人心碎憶

老伴老伴走的急
無言無語塵世棄
一了百了去安息
世人傷心無可奈

女偶失伴無主意
男偶失伴心無依
稀里糊塗翻日曆
銳減拼搏紛爭利

曾經滄海枯榮攜
終身嘗試互靠依
瀟灑平生幫助力
今景火急喉癢起

心痛想伴多回憶
感慨徒勞空城計
活著伴侶淚濕衣
長望遺像祭文砌

節衣縮食積微利
黃泉路上難傳遞
金銀財寶堆堆砌
老伴欲妝實不易

雁翎秋水怯寒逼
遺霜難當艱步履
生命輪回來世企
永攜雙手不分離

老伴老伴碎心憶
日子不能沒有您
撕心裂肺痛苦憶
未亡人確實不易

姚海姣 2018. 7. 14



Support the groundbreaking Asian-American film

Support the groundbreaking Asian-American film, Crazy Rich Asians, by watching it during Opening Weekend Wednesday, August 15th thru August 19th in theaters!

OCA Greater Cleveland members and friends will be at Cinemark Valley View on Sunday, August 19 at 3:30 p.m.

It's been 25 years since a major Hollywood studio released an English-language film with a primarily Asian cast. The last film that did that was The Joy Luck Club in 1993. As the film's director, Jon M. Chu states, "It's more than a movie, it's a movement."

Join the #GoldOpen movement to sell out theaters everywhere to demonstrate the market for quality big budget Asian-American films!



OCA Greater Cleveland Asian Pacific American Advocates Invites you to support this Ground Breaking film. Join the Sellout Opening Weekend Movement

Opening: Wed 8/15 - Sun 8/19

OCAGC will be at Cinemark Valley View - Sunday Aug 19 - 3:30 p.m.

Reserve tickets directly: www.cinemark.com

#GoldOpen

Dear Friend,

I'm delighted to share our rankings in the 2018-19 U.S. News & World Report Best Hospitals listing.

For the third year in a row, Cleveland Clinic is ranked the No. 2 hospital in the nation. We are No. 1 in cardiology and heart surgery for the 24th consecutive year and No. 1 in urology for the second consecutive year.

U.S. News Badge

Cleveland Clinic ranks among the top 5 in the nation in 12 specialties, including No. 2 in Gastroenterology & GI Surgery, Nephrology, and Rheumatology; No. 3 in Orthopaedics and Pulmonology; No. 4 in Neurology and Diabetes & Endocrinology; and No. 5 in Cancer, Gynecology, and Geriatrics.

We strive to provide the best care, investigate the most promising research and educate the brightest medical minds in the world, all while working to help the most vulnerable in our community. The inherent promise of these guiding principles is reflected in our high rankings.

Accolades such as these must be earned and our passion for healthcare excellence is driven by you, the patients and families we serve. You inspire us, embolden us to find cures, and fortify our resolve to never give up.

Looking ahead, our vision for Cleveland Clinic is simple. We are going to be the best place in the world for high-quality healthcare. The best place to be a caregiver. The best place to be a patient.

Thank you for trusting us with your

healthcare.

Sincerely,

Tom Mihaljevic
Tom Mihaljevic, MD
CEO and President
Cleveland Clinic



EXPLORE AAPI IDENTITY.
BUILD LEADERSHIP SKILLS.
BECOME A BETTER ADVOCATE.

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18



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