

嚴雲泰先生呼籲支持孔子公園



克利夫蘭著名華僑領袖嚴雲泰先生請求伊利華報幫助向社會呼籲，克利夫蘭孔子公園每年需要近5萬美元的管理費用，希望大家能給予幫助和支持，這孔子公園坐落於克利夫蘭藝術館附近，象徵中華文化，想支持的華人朋友請與本報聯繫。216-324-2959
支票請註明：孔子公園管理費用。



衛生局免費食品安全培訓結束

(本報訊)4月28日下午，衛生局在克利夫蘭亞洲商場做免費的食品安全培訓，通過這3小時的培訓，學員將拿到俄亥俄州所要求的第1級食品安全教育證書。當日來自各個族裔餐廳

的學員在3個小時的培訓後，學到與懂得了更多的涵蓋食品安全的知識。餐廳衛生對顧客飲食是至關重要的，食品安全培訓有利於餐館經營，也讓顧客吃得放心。

食品衛生常識

特別小心食品 儲藏衛生。

選擇符合衛生要求的進貨來源。

嚴格遵守冷熱食品 保存溫度的控制，熱度要求140度以上，冷凍要求在40度以下。

正確的儲藏食品 方法是必要的。冷藏食品 的溫度一定要保持在40度以下。經常烹飪急凍食品 的方法：

將食品 倒入不蓋蓋子的容器內，放入冰箱冷凍。

將食品 放入快速冷凍儲藏室。

用冰水反復沖洗 食品 容器使其盡快速達到冷凍溫度。

冷凍時間減至4小時

食品 烹飪過程的熱度要求：

165度：所有的肉類和含肉類食品。

155度：所有豬肉食品。

145度：牛排和其他牛肉製品。

140度：所有其他食品。

正確使用溫度測試探針

將剩留食品 迅速加熱到165度。

切勿使用保溫裝置烹飪或加熱食品。剩餘食品 不得多次重複使用。

安全，正確使用以下方法溶化冷凍食品：

40度以下環境下溶化。

用冰水沖洗 方法溶化。

溶化食品 應列入烹飪的程序之一。

如急需，可使用微波爐溶化食品。

請特別注意僱員的個人衛生，一定要在飲食，吸煙和使用衛生間後洗手

有效避免食品 污染的方法包括：常洗手，清潔每次用過的廚具和保持廚具的清潔衛生。清潔劑的化學成份應包括氯 Chlorine，氨 Quaternary Ammonia 碘 Iodine。



Reps. Marcia L. Fudge and Chris Gibson Re-Introduce Bill to Increase Access to Early College for High School Students

Legislation Extends Pell Grants to Students Earning College Credits While in High School

Washington, DC - Representatives Marcia L. Fudge (OH-11) and Chris Gibson (NY-19) announced today the re-introduction of the Go to High School, Go to College Act, bipartisan legislation to make college credits more affordable and accessible for America's students. By permitting eligible students to use Pell Grants to pay for college credits while in high school, the bill decreases financial strain, and allows more students to take college courses. Senators Rob Portman (R-OH) and Mark Warner (D-VA) also introduced a companion bill in the U.S. Senate earlier today.

"A lack of financial resources is still a roadblock to education for too many students," said Congresswoman Fudge. "We've heard from school leaders and the message is clear: we need to provide more opportunities for our students to consider college as a viable option for their future."

"This legislation empowers our students, increasing access to college credits during high school and reducing the burdens of debt after college," said Congressman Gibson. "Having worked my way through school while serving in the military, becoming the first person in my family to graduate from college, I know how impactful it is for our young people to get an early start on college. I am proud to introduce this important bipartisan legislation with Congresswoman Fudge, improving delivery of the Pell Grant program. I also appreciate the advocacy and guidance of Bard College, a leader in the field of early college and a vital center for learning and community life in the Hudson Valley."

"The Go to High School, Go to College Act recognizes the importance of financial support for low-income students who are earning college credit throughout their high school experiences," said Judy Pepler, President and CEO of KnowledgeWorks, a college and career readiness program in Ohio. "Through our work, we've seen that Early College High Schools help traditionally underserved students access and persist in their postsecondary education. We wholeheartedly support this bill, as it will provide well-deserved recognition and support to first-generation college going students who need it most."

As Ranking Member of the Subcommittee on Early Childhood, Elementary and Secondary Education, Congresswoman Fudge believes that early college partnerships between school districts and higher education institutions are life changing opportunities. According to Congresswoman Fudge, "Our bill will not only benefit students, it will also strategically impact families and communities. As a result, it will contribute to our nation's growth and prosperity."



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