

梅花美容健康 Spa

Tina Chuang Esthetician



希望大家找回青春和健康

我的願望



Tiha Chauang
Esthetician

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TCL Acupuncture & Wellness Center
1017 Perry Highway
Pittsburgh, PA 15237
T: 412.721.4238

Location:
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7820 Old Perry Hwy,
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我的名字叫莊靜婷,來自臺灣高雄,但大多數在匹茲堡的朋友都叫我 Tina。我在匹茲堡從事美容行業五年多,但是美容這塊是我從小到大一直耳濡目染的。所以我更有興趣。好多朋友問我為何開始專研美容跟化妝。因為我一直深信這世上沒有醜人只有懶人,以前大家常聽到的世上只有懶女人沒有醜女人。但對每個大人,小孩來說沒有把自己照顧好,保養好通通都會更加速變老。就拿防曬,十個來給我做臉,九個都不擦。幾乎每個皮膚科醫生都強調的事,還是做不到。

現在我結合幾位專家的觀念,結合出一套適合大家的淋巴按摩排毒。可以讓大家盡可能找回一些青春。

而且在變漂亮的同時又把身體變健康。頭臉是人體經絡和氣血循行交會的要衝之地。所謂:「人體諸陽之會皆在於面,六腑清陽之氣,五臟精華之血皆上注於面。」所以經絡通暢,氣血充沛,臉色必定紅潤,也會有所謂的蘋果光。所以氣血通??就是養顏的根本,所以就有「養顏莫若養心」的說法。再來就是化妝,我可以依每個人的皮膚幫您調配適合每一位顧客的礦物粉底液,跟礦物粉。這種礦物粉很純,不會阻塞毛孔。就算是痘痘肌的朋友們也很適用。另外我有跟一位匹茲堡頗有名氣的中醫合作,她來自中國名字是,王瓊,也是在許多外國人相傳的女華陀。而另一位是來自臺灣的靈氣師,她的名字是嚴家月。所以我有兩個定點。而我是排時間,一定要預約。我的電話 412 721 4238。

梅 m é i h u ā 花 beauty and health spa

we offer: REIKI HEALING

- Stress Reduction
- Pain Relief
- Body Detox
- Chronic Disease Treatment
- ...and more!

Chiayueh: 412.956.7204

BEAUTY SOLUTIONS

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- Waxing
- Makeup Consultation
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Tina: 412.721.4238

Raphael Affiliates (Rear Entrance)
7820 Old Perry Hwy, Pittsburgh, PA 15237

FREE
Consultations
and
Trial Sessions

Mei Hua Beauty & Health Spa

Mei Hua Beauty & Health Spa's Ching Ting Chuang or better known to people in the area as Tina Chuang, and business partner Chiayueh Yen offer not only the the best in Beauty and Health solutions but also offer the very beneficial services of Reiki Healing and Massage to Pittsburgh area customers.

For today's Tri-State Area Outreach Magazine's Business Spotlight, I had a chance to talk with Ching Ting Chuang one of the owners, and operators of the Pittsburgh area's Mei Hua Health & Beauty Spa, or, as people know her as Tina Chuang. I learned that Tina moved to Pittsburgh from Taiwan in 1994. She attended and graduated from Point Park College with a degree in Fine Arts.

When I asked Tina why she chose to start Mei Hua Beauty & Health Spa, I was surprised by the answer she had given me, she told me that in her opinion there was no such thing as an ugly woman in the world, and that the problem with so many women is that they simply do not take the time to nurture their skin and natural beauty in the proper fashion. She went on explaining to me that each person has the ability to keep healthy and stay looking young without having to spend tons of money on doctors or products in doing so.

Tina believes and practices a more natural way of staying healthy and looking younger is the key. "Look around us, there are so many younger women having plastic surgery, and other procedures done such as the Botulinum toxin (Botox), which may cause serious side effects that can be life threatening. I can't imagine what they will do at the age of 30, 40, or 50 years old" Chuang said.

Some of these side effects include:

* Problems swallowing, speaking, or breathing, due to weakening of associat-

ed muscles, can be severe and result in loss of life. You are at the highest risk if these problems are pre-existing before injection. Swallowing problems may last for several months

* Spread of toxin effects. The effect of botulinum toxin may affect areas away from the injection site and cause serious symptoms including: loss of strength and all-over muscle weakness, double vision, blurred vision and drooping eyelids, hoarseness or change or loss of voice (dysphonia), trouble saying words clearly (dysarthria), loss of bladder control,

trouble breathing, trouble swallowing.

Chuang, the Mother of a five year old little boy named Ashton goes on to tell me, "I believe in using nature's way to keep ourselves healthy, and looking young. In Mei Hua Health & Beauty Spa we use all natural mineral products offering facials, make up, waxing, and also make up matching, which is the mixing of various colors or ingredients best matching each individuals skin type.

Tina is also a Motives Senior Consultant, a Transitions Lifestyle Weight Loss Coach, and also a

NutraMatrix Consultant.

Mei Hua Health & Beauty Spa also offers Reiki Healing & massage by partner and co-owner Chiayueh Yen. For those of you who are not sure what Reiki Healing is, Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. The word Reiki is made of two Japanese words - Rei which means "God's Wisdom or the Higher Power" and Ki which is "life force energy". So Reiki is actually "spiritually guided life force energy."

Tina Chuang's and Chiayueh Yen's services combined make a great combination of Health and Beauty services for anyone, and everyone to enjoy and benefit from including Women, as well as Men. So, if you really want a day of pampering, and relaxation or for a free consultation or trial session, Mei Hua Beauty & Health Spa is the place to go for all your Health and Beauty needs.

For a full list of Mei Hua Beauty & Health Spa services offered you can download their brochure here in pdf format, or to learn more about their Reiki services, you can download their brochure here.

Oh, and let's not forget to "Like" or "Follow" Mei Hua Beauty & Health Spa by clicking on the Facebook icon. Mei Hua Beauty & Health Spa 7820 Old Perry Highway Pittsburgh, Pa 15237 Tina Chuang (412) 721-4238 begin_of_the_skype_highlighting (412) 721-4238 FREE end_of_the_skype_highlighting Chiayueh Yen (412) 956-7204 begin_of_the_skype_highlighting (412) 956-7204 FREE end_of_the_skype_highlighting

Our skin is the largest organ in our body and protects us from the harmful environment.

Therefore, we have to protect our skin at all times. And it is necessary to have a regular facial treatment in order to have healthy skin for both men and women.



Just as eyes are mirrors of your soul, your skin is a reflection of your health and well-being.

Facial treatments rejuvenate your complexion and your skin's natural glow by removing dead skin cells and promoting the growth of healthy cells.

Through facial massage, your body will relax as well



Rates:

- Basic maintenance\$50.00
- Deep cleansing\$60.00
- Microdermabrasion\$80.00
- Make up lesson\$50.00/hour
- Make up application\$45.00
- Wax \$10.00 to \$50.00
- Eyebrow tinting\$20.00
- Eyelash tinting\$20.00

